

# SCOTLAND

*Land of Tartan and Thistle*

June 10 – 24, 2006





Dear Caltech Associate:

For most of us, the word “Scotland” is synonymous with rugged mountain scenery, beautiful lochs (and the occasional resident sea monster), tartans, bagpipes, whiskey, shaggy Highland cattle, and unpronounceable Gaelic. All of these are indeed part of the fabric of Scotland, but there is much more: a colorful history of clans and chieftains warring over territory, religion, and heritage; a richness of wildlife that has spurred strong conservation efforts to protect both habitat and species; a strong presence in the fields of design, architecture, and engineering; a painterly tapestry of peaks, valleys, rivers, lakes, moors, and marshes that beckons hiker and biker, artist, poet, and playwright.

Explore this country of astonishing natural beauty, fascinating history, and colorful people with native Scotswoman Anneila Sargent, Benjamin M. Rosen Professor of Astronomy at Caltech. Accompanying Associates as study leader, Anneila will give us an insider’s look at her homeland, from the history-laden centers of Edinburgh and Glasgow to the magnificently wild Highlands and the off-shore Isle of Skye, part of the Inner Hebrides islands.

Among the highlights of this unique program:

- A breathtaking journey through the Scottish Highlands in a private fleet of safari Land Rovers, with binoculars and telescopes provided for maximum enjoyment of the views and wildlife
- Stops at Culloden Moor and Glencoe, two sites closely associated with the heart of Scottish patriotism
- Visits to three distinguished, and distinctly different distilleries: Strathisla, Glenmorangie, and Talisker
- Specially arranged tours of private estates and castles, with welcomes from their titled owners (schedules permitting)
- Private meetings with members of the Cockburn Association, Historic Scotland, and a Charles Rennie Mackintosh expert to learn about the preservation of Scottish architectural treasures
- Accommodations at the finest hotels and lodges throughout the program, including Edinburgh’s premier hotel, the Balmoral

Please join us on this extraordinary, wide-ranging, and in-depth exploration of Scotland, “land of brown heath and shaggy wood, land of the mountain and the flood” (Sir Walter Scott, *The Lay of the Last Minstrel*).

Sincerely,

Arlana M. Silver  
Executive Director



SPORRAN AND KILT



INVERNESS

## ITINERARY

### U.S. - EDINBURGH

*Saturday–Sunday, June 10–11*

Depart the U.S. on an overnight flight to Edinburgh, Scotland. Arrive Sunday afternoon and transfer to the Balmoral Hotel, Edinburgh's premier hotel. There is time to relax before a late-afternoon meeting with a member of the Cockburn Association, dedicated to the preservation of the buildings and environment of Edinburgh's New and Old Town and the surrounding area. This evening gather for a reception and welcome dinner at the hotel.

BALMORAL HOTEL (Meals aloft, R,D)

### EDINBURGH

*Monday, June 12*

This morning explore the architectural and historical highlights of Edinburgh's Georgian New Town and medieval Old Town. At Edinburgh Castle, which served as the royal residence for many generations and is home to the Scottish Crown Jewels, meet with a representative of Historic Scotland, an association of historians dedicated to the preservation of public buildings and sites associated with Scottish history. Travel to Dalmeny House, situated on the shores of the Firth of Forth, for a welcome by Lady Roseberry (subject to availability). Enjoy a private tour of the house and its various collections. This afternoon meet with a weaver who specializes in the intricate art of Scottish tartans.

BALMORAL HOTEL (B,L,D)

### EDINBURGH

*Tuesday, June 13*

Join the curator of the new Museum of Scotland for a private tour. Following lunch in one of Edinburgh's fine restaurants, walk the famous Royal Mile to the Scottish parliament building. After a tour of this spectacular new building, meet

with a local MP for an informal discussion about the political landscape in Scotland.

BALMORAL HOTEL (B,L,D)

### ST. ANDREWS

*Wednesday, June 14*

Depart Edinburgh this morning for Falkirk and a private tour with one of the chief engineers of the Falkirk Wheel boatlift, an exceptional feat of modern engineering. Designed to connect the Forth & Clyde and Union Canals, this remarkable and elegant mechanical marvel is the only rotating boatlift in the world. Continue to St. Andrews, known the world over as the birthplace of golf and the home of the Royal and Ancient Golf Club. Explore the 16th-century castle and the Cathedral ruins, then join a local university student (traditionally gowned) for a tour of the grounds of the University of St. Andrews and an introduction to student life at Scotland's oldest academic institution.

ST. ANDREWS BAY HOTEL (B,L,D)

### ST. ANDREWS

*Thursday, June 15*

Depart this morning for a private tour of Glamis Castle. After lunch in a local inn, return to St. Andrews and visit the British Golf Museum to learn about the history of golf and its importance to Scotland. Dinner is at the Inn of Lathones, hosted by the inn's owner, Nick White. The history of the Inn goes back more than 400 years, complete with a resident friendly ghost, The Grey Lady. (Those interested in playing golf on St. Andrews Old Course may enter a lottery this morning. Details will be sent to confirmed participants.)

ST. ANDREWS BAY HOTEL (B,L,D)



ROYAL MILE, EDINBURGH



PIPERS AT HIGHLAND GAMES

## ABERDEEN

*Friday, June 16*

This morning travel west to Perthshire and the picturesque village of Kenmore, where we transfer to our private fleet of safari Land Rovers for a journey through Scotland's spectacularly beautiful Highlands. We take the scenic route by the Sma' Glen, Glen Quaich, and Creag an Fiaradh. The views are breathtaking, including Glenlyon, the longest and reputedly most beautiful glen in Scotland, and the hills of Highland Perthshire, home to the golden eagle, majestic red deer, and elusive blue hare. Participants are outfitted with binoculars and telescopes for the best views of landscape and wildlife. Lunch, prepared by chefs whose expert knowledge of local produce creates truly delicious results, is served under a grand marquee high above the Appin Valley. Continue through the Cairngorm Mountains to the Aberdeen area where accommodations have been arranged at Ardoe House Hotel, a baronial mansion set within 30 acres of parkland with magnificent views across the River Dee. ARDOE HOUSE HOTEL (B,L,D)

## INVERNESS

*Saturday, June, 17*

Travel north along Scotland's Scotch Malt Whisky Trail to Inverness. The majority of Scotland's finest distilleries are located in this part of Scotland due to the peat, water, and climate. Visit Strathisla Distillery for a private tour and tasting of selected malts. After lunch at a local inn, observe skilled workmen making barrels used to store whisky at the Speyside Cooperidge Center. CULLODEN HOUSE HOTEL (B,L,D)

## INVERNESS

*Sunday, June 18*

Today explore the North West Highlands, driving through the spectacular Corrieshalloch Gorge and stopping to

admire the 150-foot Falls of Measach from a suspension bridge viewpoint. At Poolewe visit the tropical Inverewe Gardens, created by Osgood Mackenzie more than 120 years ago. The head gardener provides us with a private tour of the gardens, which contain plants from many countries and exhibits an almost continuous display of color. Return to Inverness for an evening presentation by a local MP on the development in this area. CULLODEN HOUSE HOTEL (B,L,D)

## INVERNESS

*Monday, June 19*

At the Glenmorangie Distillery this morning, learn about the production of the most popular single malt in Scotland. After a tour of the distillery to observe the unique features of the Glenmorangie stills—their small size, protruding boil pot, and unusually tall columns—continue to the delightful little village of Beaulieu to see the rare trefoil windows of Beaulieu Priory. Stop at Culloden, the bleak moor where Bonnie Prince Charles was defeated to end the Jacobite Rising of 1745. This afternoon visit magnificent Dunrobin Castle and its equally magnificent Victorian formal gardens, which were designed in the grand French style to echo the architecture of the castle. The Earl of Sutherland will give us a personal tour of the house if he is in residency.

CULLODEN HOUSE HOTEL (B,L,D)

## FORT WILLIAM

*Tuesday, June 20*

This morning, transfer to Loch Ness and board the Jacobite cruise ship for a private tour on the lake, a wonderful opportunity to admire some of Scotland's finest scenery. End at Urquhart Castle, a 14th-century ruin situated on a promontory overlooking Loch Ness. Continue south along the Caledonian Canal to the Fort William area. GLENSPEAN LODGE (B,L,D)



ST. ANDREWS OLD COURSE

## SKYE & FORT WILLIAM

*Wednesday, June 21*

Our route westward takes us along the “Road to the Isles,” through Scotland’s rugged hills, shining lochs, and moorlands to the sandy coastline near the fishing port of Mallaig. Cross by ferry to the Isle of Skye, the largest of the Inner Hebrides islands. The southern region is lush and fertile, while the north is rocky and mountainous with jagged peaks towering over lochs. After lunch in the main town of Portree, tour Talisker Distillery, known for its distinctively flavored malt. Return to the mainland via the modern Skye Bridge at Kyleakin, stopping briefly for photographs at picturesque Eilean Donan Castle on a small islet in Loch Duich.

GLENSPEAN LODGE (B,L,D)

## LOCH LOMOND

*Thursday, June 22*

This morning head south through the magnificent Glencoe valley, famous for both its topography and history. At the Glencoe historic site, a local historian will explain the infamous incident that took place here between the MacDonalads and the Campbells. The environmentally friendly Visitor Center was built on stilts so as not to disturb the tree roots or groundwater, and utilizes sheep’s wool to insulate the windows. Continue south along the banks of Loch Lomond to Cameron House Hotel for dinner and overnight.

CAMERON HOUSE HOTEL (B,L,D)

## GLASGOW

*Friday, June 23*

Nearly one-third of the Scottish population resides in Glasgow, Scotland’s largest city, renowned for its industry and commerce and for native son Charles Rennie Mackintosh (1868–1928), a pioneer in the Art Nouveau movement. Mackintosh made his mark on three types of buildings—public buildings, private houses, and tea rooms—and on furniture, examples of which are displayed at the Hungarian Art Gallery and at the Glasgow School of Art. After lunch at Mackintosh’s Willow Tea Room, meet with a Mackintosh expert to discuss the life and works of Mackintosh. Tonight’s farewell dinner is held at the house that once belonged to Robert Louis Stevenson. Built between 1802 and 1806, Stevenson House is a typical Georgian New Town house that has always been in private ownership. A cocktail reception with Celtic harp accompaniment in the Drawing Room precedes dinner in the magnificent Dining Room, with nightcaps served in the Drawing Room.

BALMORAL HOTEL (B,L,D)

## EDINBURGH / U.S.

*Saturday, June 24*

This morning transfer to Edinburgh airport for the return flight to Los Angeles. (B, meals aloft)





ISLE OF SKYE



QUEEN'S CROSS CHURCH, GLASGOW

## STUDY LEADER

**Anneila Sargent** is the Benjamin M. Rosen Professor of Astronomy at the California Institute of Technology, director of Caltech's Owens Valley Radio Observatory (OVRO), and director of the Combined Array for Research in Millimeter-wave Astronomy (CARMA). A native of Scotland, she received her B.Sc. with honors in physics from the University of Edinburgh (1964) and her Ph.D. in astronomy from the California Institute of Technology (1977). Her career has been spent at Caltech, where following her Ph.D. she moved through research faculty ranks.

## TOUR INFORMATION

**Tour Fee:** \$9,690 per person, double occupancy

**Single supplement:** \$1,795

**Tour Fee Includes:** Lectures and field commentary by Caltech professor Anneila Sargent • All accommodations as indicated with deluxe hotels in major cities • Breakfast, lunch, and dinner daily with festive welcome and farewell dinners • All sightseeing as outlined in the itinerary including museum entrance fees • All transfers with luggage handling in Scotland for those traveling on program dates • All gratuities to drivers and guides • High Country Passage tour manager • Pre-trip service, suggested reading list, and pre-departure information

**Tour Fee Does Not Include:** U.S. domestic and international airfare • Medical immunizations • Passport fees • Accident/baggage/cancellation insurance • Individual transfers, optional excursions, or deviations from the scheduled tour • Excess baggage charges • Medical expenses • Meals not specified in the itinerary • Food and beverages not part of included meals • Laundry or valet services • Telephone, fax, or email charges • Room service • Other items of a purely personal nature

**Deposits and Final Payments:** A \$500 deposit (payable to the Caltech Associates) will hold your reservation. Please mail the check with the completed reservation form to: Caltech

Associates, Mail Code 5-32, Pasadena, CA 91125. Final payment is due February 10, 2006.

**Tour Size:** Limited to 24 participants

**Airfare:** Round-trip air between Los Angeles and Edinburgh is approximately \$1,318 per person as of September 2005, subject to change without notice. Our tour operator, High Country Passage, is happy to help you with all of your flight arrangements.

**Cancellations and Refunds:** Written cancellation received by High Country Passage up to 120 days prior to departure: full refund less a \$250 per person cancellation charge. Written cancellation within 120 days of departure: no refund unless the tour is sold out and your place is resold, in which case a \$1,000 per person cancellation fee will apply. Cancellation after tour departs: no refund. Cancellation of program by the Caltech Associates: full refund except for airline cancellation penalties incurred by purchasing nonrefundable tickets in connection with this tour. No refunds for unused portions of this tour. Participants should strongly consider purchasing cancellation insurance.

**Insurance:** Cancellation insurance is available through High Country Passage and is **strongly recommended**.

**Responsibility:** Certain other provisions concerning, among other things, limitations of the Companies' liability for loss of property, injury, illness, or death during the tour will be provided to all passengers prior to full payment, and to prospective passengers upon request.

**A Note About Costs:** The tour cost is based upon current tariffs and prices. While every effort is made to maintain the listed price, it is subject to change.

**Health:** This program is moderately strenuous. All participants should be in good health and capable of walking over rough terrain. If you have any questions about your ability to participate on this tour, please contact Christina Yen at 626-395-2926 or High Country Passage at 800-395-3288.

**Questions:** For further information, please call Christina Yen at 626-395-2926 or High Country Passage at 800-395-3288.

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*Land of Tartan and Thistle*

JUNE 10-24, 2006

Complete and mail this reservation form, with a deposit of \$500 per person, to Caltech Associates, Mail Code 5-32, Pasadena, CA 91125.

\_\_\_\_\_  
LAST NAME FIRST NAME

\_\_\_\_\_  
STREET CITY/STATE/ZIP

\_\_\_\_\_  
DAYTIME PHONE EVENING PHONE

\_\_\_\_\_  
PASSPORT NO. AND EXP. DATE DATE OF BIRTH

\_\_\_\_\_  
NAME OF ACCOMPANYING PERSON

\_\_\_\_\_  
STREET CITY/STATE/ZIP

\_\_\_\_\_  
DAYTIME PHONE EVENING PHONE

\_\_\_\_\_  
PASSPORT NO. AND EXP. DATE DATE OF BIRTH

Enclosed is my check/credit card deposit for \$ \_\_\_\_\_ (\$500 per person), payable to **Caltech Associates** to hold \_\_\_\_\_ places on the Scotland study tour.

\_\_\_\_\_  
AMEX/MC/VISA NO. EXP. DATE

\_\_\_\_\_  
AUTHORIZED CARDHOLDER SIGNATURE DATE

## Accommodations:

- I desire double-room occupancy.
- I wish to pay the additional \$1,795 for single accommodations throughout the trip.
- I am traveling alone, but would like a roommate. I understand that if one is not available, I must pay the single supplement cost.
- I am a smoker.  I am a non-smoker.
- I prefer twin beds (where available).
- I prefer a double bed (where available).

For further information or reservations, please contact Christina Yen at 626-395-2926 or High Country Passage at 800-395-3288.



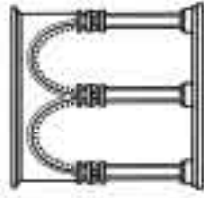
HIGHLAND COW



HIGHLAND GAMES DANCERS



URQUHART CASTLE, LOCH NESS



THE ASSOCIATES  
of *the* CALIFORNIA INSTITUTE of TECHNOLOGY  
Mail Code 5-32  
Pasadena, California 91125

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JUNE 10-24, 2006

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